

BENEFITS OF CBD



- Weight loss, helps support or maintain healthy weight
- Helps with occasional sleeplessness, promotes and supports sound sleep
- Joint discomfort or stiffness associated with overuse or over-exertion; helps support cartilage and joint function
- Promotes or maintains normal or stable mood
- Helps promote or maintain healthy immune functions
- Supports or helps maintain healthy skin
- Help maintain, or support, a healthy blood sugar regulation; use as a part of your diet to help maintain healthy blood sugar levels
- Promotes healthy digestion or supports optimal digestive function
- Promotes optimal cellular health and functionality
- Supports optimal cardiovascular health or function
- There are a few different ways to consume CBD such as tinctures (under the tongue), topicals, and edibles
- There are more benefits and information available. Visit www.cbdoiloftoday.com

