

- Lose up to 10 pounds the first week and up to 20 pounds the first month.
- Medically supervised program using proven nutrition, lifestyle modification, and accountability protocols
- Individualized plan and weekly 1-on-1 visits based on your goals, health status, and food/exercise preferences
- Anti-obesity medication evaluation, supplements, vitamin based injections, metabolic testing, and more
- Eat real food, learn how to cook delicious recipes, and order healthy options while dining out

## **Free Assessment**

Call to learn about our exclusive specials for LEGO employees!



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**BEFORE**