

CONNECTICUT PHYSICAL THERAPY SPECIALISTS

Provide evidence-informed physical therapy examinations and interventions designed to prevent and treat common musculoskeletal conditions/injuries including:

- Osteoarthritis
- ACL Injury
- Plantar Fasciitis
- Rotator Cuff
- Spinal Pain
- Tennis Elbow
- Carpal Tunnel
- Sciatica
- Concussion
- Work/Sport Injuries
- Vertigo

Redcord



CTPTS offers a unique treatment utilizing the Redcord Professional Workstation. Redcord achieves optimal results using precise control of movements and represents a scientific breakthrough in PT rehabilitation/sports performance training.

CONTACT US

Granby Office:

11 Mill Pond Road
Granby, CT 06035
P: 860.413.9969
F: 860.288.5511

Hartford Office:

342 North Main St.
West Hartford, CT 06106
P: 860.461.7940
F: 860.288.5511

Uncasville Office:

620 Norwich New London Tpke
Uncasville, CT 06382
P: 860.237.3510
F: 860.288.5511



Check out our website
www.ctpts.com

Follow us on Social Media
@CTPTS



CONNECTICUT PHYSICAL THERAPY SPECIALISTS

***GET BETTER.
STAY BETTER.***

www.ctpts.com

EVIDENCE INFORMED PRACTICE

Our **Evidence-Informed Practice** takes into account the *clients values, beliefs and opinions*, the *clinician's expertise* and *current scientific information* when establishing goals and implementing them

Evidence-Informed Practice (EIP) is framework that is preferred by patients who are engaged, informed and motivated. We are physical therapists with advanced training in Orthopedics, Medical Exercise Therapy and Manual Therapy.

CORE BELIEFS:

- Respect for the individual
- Honest and direct communication
- Determined effort



**CONNECTICUT
PHYSICAL THERAPY
SPECIALISTS**

GET BETTER. STAY BETTER.



Orthopedic Performance Seminars
TEACH. TRAIN. PERFORM.

WHAT WE OFFER

INJURY CARE: **NEUR-AC**

We have a program of therapeutic postural exercises, **neuro-muscular reactivation** and functional activities to create the strong flexible bodies you and your family members need to meet the demands of your lives

EMPLOYER SERVICES:

1. **Onsite Ergonomic Analysis**
 - a. Solutions tailored to the employee and environment
2. **Pre-employment physical ability**
 - a. Specific to the job description and physical demand level
3. **Personal Injury Prevention Exercise Program (PIPE)**
 - a. Effective, engaging delivery. Accurate performance leading to optimum results.