

High Quality Supplements for Optimal Health and Peak Fitness



Adreno Prime

Adrenal Support

The Adrenal Cortex rejuvenates the adrenals and balances cortisol levels while promoting healthy hypothalamic and pituitary functions. With an increase in exercise and added stress (the good kind) your body may need assistance for healthy energy balance.

60 capsules • \$39.00 • \$27.00



Balance

GLA & Omegas

Omega-3 and omega-6 (GLA) fatty acids may be necessary due to the decrease of fats from your diet. Essential Fatty Acids (EFAs) are necessary for proper function of the body's systems. They are not produced by the body so we must get EFAs from our diet.

30 softgels • \$49.00 • \$39.00



Boost

L-carnitine

L-Carnitine is essential for fat metabolism and energy production. It uniquely supports brain function and the nervous system. L-carnitine shuttles fatty acids from the cell fluid into the cell's powerhouses for oxidation and energy production.

60 capsules • \$39.00 • \$29.00



Endure

Vitamin B Complex

B vitamins keep the nervous system in tune, enhance energy and aid in stress-relief. They are great for the eyes, skin and hair. They play an important role in energy production. B vitamins are also important for blood cells, hormones, and nervous system function.

90 tablets • \$39.00 • \$27.00



Lean

Polyphenols & Thermogenic

Polyphenols can interact at the cellular level by working in conjunction with fatty acids to keep the fat's correct oxidative state. Thermogenic supplements support faster weight loss, weight maintenance and help reduce weight gain.

60 capsules • \$70.00 • \$57.00



Neuro Blast

Crave Control

It is important to balance the neurotransmitters that play distinctive roles in many types of cravings. Neuro Blast stimulates the natural production of dopamine and serotonin to elevate mood and decrease distinctive food cravings.

60 capsules • \$69.00 • \$59.00



Super CLA

CLA

CLA has been found to promote the body's natural fat metabolism making it easier to get your body in shape by promoting muscle growth as well as inhibiting the growth of fat cells. CLA also has strong antioxidant properties and is useful to help with blood sugar.

60 capsules • \$49.00 • \$39.00



Ultra CoQ10

Coenzyme Q10 with Lipoic Acid

CoQ10 is an energy source for cells in the body and aids in functions like muscle contraction and protein production. (Talk to your Dr. before taking CoQ10 to be sure it does not interefere with any medications you are taking.)

60 capsules • \$59.00 • \$46.00



Tru Sight

Eye Support

Tru Sight supplies a well-balanced spectrum of key nutrients that are important in maintaining normal retina and macula function in the eyes. It contains important antioxidants that have shown positive results for vision health in trials conducted by the National Eye Institute.

90 tablets • \$49.00



Ultra Bromelain

Enzyme & Joint Relief

Bromelain is an enzyme obtained from the pineapple plant. It supports regulatory balance in the body. Its enzymatic activity may provide comfort associated with joints.

60 capsules • \$15.00



Ultra Cal-Mag Plus Bone & Skeleton Support

A special complex of six sources of calcium with magnesium to assist the body in maintaining healthy bone structure. Calcium and magnesium are two primary minerals for supporting healthy bones and teeth as we age.

90 tablets • \$17.00



Ultra Protein BCAAs

Weight Loss

A plant-based protein blend with Branched Chain Amino Acids and fiber. Contains a scientifically validated phyto-nutrient formula of fruits, vegetables and herbs shown to optimize cellular metabolic activity and increase nitric oxide levels.

21.8 oz. Powder (French Vanilla) • \$69.00

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