

## Hartford HealthCare at Home provides **Services Across Connecticut**

After you call Hartford HealthCare at Home, we take care of everything, so you don't have to worry. We meet with you or your loved one to determine the appropriate level of care, and we put together a team of professionals to meet the patient's needs.

Services are usually covered by Medicare, Medicaid and most insurers.

For more information, visit [hhcathome.org](http://hhcathome.org).

### *The Most Comprehensive Provider of In-Home Care in Our Region*

*Services can be packaged to create a customized plan of care to optimize clinical outcomes, maximize independence and improve quality of life.*

We are a not-for-profit community-based home health and hospice organization serving more than 100 communities in Connecticut.

Founded in 1901, Hartford HealthCare at Home is part of an integrated health care system known as Hartford HealthCare.

Hartford HealthCare at Home fulfills its mission by enabling individuals to achieve maximum independence, to participate in their own plan of care, and to live with dignity while receiving quality care in their own homes.



## Your Home... Our Care

### Could you or a loved one benefit from Hartford HealthCare at Home services?

- Have you been hospitalized within the past year?
- Do you have difficulty walking or have you fallen down lately?
- Do you take four or more medications or need help managing medications?
- Do you have shortness of breath?
- Do you have diabetes, high blood pressure, heart disease or arthritis?
- Are you finding it harder to manage daily tasks such as bathing, getting dressed or eating?

If you checked off any of these questions, or if there are other health issues you have, you could receive home health care services from Hartford HealthCare at Home.

Call now to discuss which Hartford HealthCare at Home services best fit your needs:

**Intake Line: 800.862.1551**

**Intake Fax: 866.925.6610**

**Hartford  
HealthCare**  
at Home

1290 Silas Deane Highway  
Wethersfield, CT 06109

[hhcathome.org](http://hhcathome.org)

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## The Hartford HealthCare at Home Difference:

### Why More Patients Choose Hartford HealthCare at Home



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# With more than 100 years of home care experience, Hartford HealthCare at Home has the expertise to help people stay in their homes.



We offer a wide range of health services. No matter what services your doctor prescribes, Hartford HealthCare at Home has the staff and experience to deliver them. These include (but are not limited to):

## Management of Chronic Conditions

- Cardiovascular disorders
- Diabetes
- Hypertension
- Asthma/COPD
- Stroke
- Kidney disease

## Skilled Nursing Care

- Medication management
- Monitor vital signs
- Assist with symptom management
- Care for wounds
- Administer injectable medications
- Teach self-management of illness

- Hospice
- Palliative Care
- Physical, Occupational and Speech Therapy
- Medical Social Work
- Nutrition Counseling

Hartford HealthCare at Home also offers specialized services for patients, including:

## Safe Steps at Home

The program offers a multi-disciplinary approach to reduce your risk of falls. A therapist works with you and your physician to develop a customized plan of care that will fit your needs and lifestyle, which may include:

- Exercise
- Gait training
- Home exercise program
- Vestibular training
- Home environment education
- Education on fall prevention

## Orthopedic Intensive Rehabilitation Program

Hartford HealthCare at Home provides you with the ability to recover in the comfort and safety of your own home, rather than a skilled nursing facility.

- Therapy is customized to your home environment, which leads to a faster recovery
- When transitioning home after surgery, home care offers the greatest level of independence and happiness



## Cardio Pulmonary Health at Home

Hartford HealthCare at Home professionals help you learn how to manage your cardiac and/or pulmonary diagnosis and live a fuller, more comfortable life.

- A nurse will teach you how to use a telemonitoring device to help monitor vital signs
- Therapists work with you to create a customized rehabilitation program

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